



Circle of Security®

Wagga Wagga



Date: Wednesday 3rd & 10th December 2025

Time: 10.00am to 1.00pm

**Location: Mission Australia
36 Gurwood Street, Wagga Wagga**

**For further information or to register for the course, please contact Skye at
ParentingRiverina@missionaustralia.com.au**

Please note, this is a two-session program. To complete the course, you will need to attend all sessions.

What is Circle of Security?

Circle of Security is an evidence-based program designed to support you in:

- Increasing understanding of your child's emotional needs
- Learning how your own responses can meet those needs to manage challenging emotions
- Enhancing the development of your child's self-esteem
- Identifying and addressing problematic attachment patterns, often passed from one generation to the next.

Tea, coffee, and light refreshments will be provided.

Please advise of any dietary requirements when registering for the program.

Please note, childcare is **not** being provided.

