



Parenting Your Child With ADHD

Online via Microsoft Teams



Date: Wednesday 3rd & 10th December 2025 Time: 6.00pm to 8.00pm

Location:
Online via Microsoft Teams

For further information or to register for the course, please contact Skye at ParentingRiverina@missionaustralia.com.au

Please note, this is a two-session program. To complete the course, you will need to attend all sessions.

A supportive group to help parents:

- Understand the biology behind ADHD and how it impacts your child
- Learn techniques to manage challenging behaviour and encourage positive behaviour
- Develop strategies to build your child's self-esteem
- Implement routines and rules to foster positive behaviour
- Solve problems as a family
- Work with your child's school to achieve the best outcomes for your child.

As this is an online program, please register early to allow for delivery of materials.

